



Mental Health - Care & Research
Santé mentale - Soins et recherche

External postings

Important notice for current employees

If you are a current employee (including those active and on leave), please apply on the [internal postings](#)

careers page. Please note, if you apply to the external posting while an internal posting is open, your application will not be considered or reviewed for the purposes of the internal competition.

All applicants for any vacancies at The Royal Ottawa Health Care Group must be fully vaccinated to be considered for any positions. Any new hires, prior to their first day of employment, will be required to provide proof they have been fully vaccinated, or present supporting documentation of a valid exemption in accordance with the Ontario Human Rights Code.

Check out these tip sheets from our human resources team:

[How to stand out at a job fair](#)

[Top resume tips](#)

[Interview tips](#)

Family Peer Support Specialist (RPT 0.2 FTE)

Forensic Psychiatry • Ottawa, Ontario

[Apply](#)

Position Information

Posting Number:	ROM24-199E
Title:	Family Peer Support Specialist (RPT 0.2 FTE)
Position Status:	Regular Part-time
FTE:	0.20
Job Schedule:	Days/Evenings
Department:	Forensic Psychiatry
Union:	OPSEU Local 479
Site:	Royal Ottawa Mental Health Centre
Number of Vacancies:	1

About The Royal

As one of Canada's foremost mental health care and academic health science centres, The Royal has a clear purpose: to get more people living with mental illness into recovery faster. This is at the core of everything we do and it is driven by the passion, focus and dedication of our employees. Every day, the work that we do transforms the lives of people with mental illness through specialized mental healthcare, advocacy, research and education.

Purpose:

Under the guidance and support of the Client and Family Hub and in association with the Integrated Forensic Program, the Forensic Family Peer Support Worker will provide recovery-based peer support services and outreach support to family members of individuals in assessment, stabilization, rehabilitation, and transition phases of the Forensic Program. This position will serve as a family advocate (advocating with, NOT for) and support the family while other team members focus on the individual. The Forensic Family Peer Support Worker performs a wide range of tasks to assist the family who supports their family member. This includes supporting family with exploring needed resources, assisting families with understanding, and helping family members to develop family goals and plans and supporting them while they support their family member as requested by the family. One to one peer support and group peer support for the family. The Forensic Family Peer Support Worker will role model wellness and recovery, ongoing coping skills from a family perspective. The Forensic Family Peer Support Worker will also offer a family perspective, generally, to the clinical team with the purpose of supporting their understanding of family perspectives.

Duties:

As a Forensic Family Peer Support Worker, you will:

- Interface with peers, colleagues, service providers, family members and community members in an empathetic, professional manner.
- Establish a rapport with people of various cultural and/or economic backgrounds.
- Represent the Royal with a high level of professionalism within the community and workplace.
- Work one to one with family members to support them in the development and achievement of self-determination, personal growth and empowerment and their own individual recovery goals.
- Speak from the perspective of a family member, providing input and sharing of personal experiences regarding supporting a family member with both mental health/substance use and forensics issues.
- Attend case conference meetings for the purpose of supporting the family member upon request of the family member.
- Support family members in advocating for themselves within the Royal and the community.
- Facilitate and/or co-facilitate small and large group presentations on mental health topics, including sharing personal journey of recovery.
- Share aspects of one's lived expertise in a way that is helpful to the family they are supporting, while demonstrating the values of peer support.
- Possess an understanding, belief, and commitment to wellness/recovery.
- Believe in the recovery potential of all people with mental health and substance use challenges and be committed to the philosophy of peer support.
- Maintain ethical and professional conduct in accordance with the MHCC Guidelines to the Practice and Training of Peer Support.
- Participate in ongoing training, professional development, and continuing education to assist in peer support work.
- Coordinate and/or provide Peer Service activities including, but not limited to, helping families explore connection to supports in the community as well as at recovery education programs; facilitate family peer support groups as scheduled, outreach to families and community for the purposes of information-sharing.
- At the families' request, help families explore community resources, to support the needs of families as they support the needs of the individual.
- Ensure the representation of a family perspective in all areas of work as assigned but not limited to marketing efforts, curriculum development, program design, planning, policy, and delivery.
- Actively participate in staff meetings, supervision sessions, community of practice, and team/group activities.

- Complete all paperwork in a timely manner and keep files organized and up to date.
- Participates in program evaluation, continuous quality improvement and research activities as appropriate.
- Be familiar with the Royal's strategic plan.
- Keep current with hospital policies and procedures and applicable legislation (Mental Health Act etc.).
- Keep up to date by reviewing current literature, attending workshops/seminars, networking with colleagues and community partners.
- Work in a manner that is in compliance with staff and patient/client safety practices, policies, and procedures of the Royal.
- Ensure a work environment that is conducive to the Royal's Respectful Workplace policy.

Qualifications:

- High school diploma required. Bachelor's degree in Social Sciences preferred.
- Personal history as a family member supporting a family member who has/has had mental health or co-occurring mental health and substance use challenges plus forensic unit or criminal justice involvement).
- Ability to manage time, complete tasks accordingly.
- Communication skills (written and oral), organizational ability, critical thinking, and goal setting skills.
- Excellent interpersonal skills including active and reflective listening skills.
- Must be self-motivated and possess the ability to work independently and within a team.
- Effective conflict resolution skills.
- Computer literacy.
- Valid driver's license and access to reliable transportation.
- Desirable – peer support training.
- Desirable – knowledge of applicable legislation.
- Desirable - knowledge of community resources (housing, finance etc.).
- Desirable - current Certification as a Peer Support Worker. **NOTE:** if not, you will be required to complete this certification within 2 years.
- Desirable - certification and/or experience providing Family Wellness Recovery Action Plan (Family WRAP) services.
- English level A- is mandatory in oral expression, oral comprehension, reading comprehension and written expression. Bilingual (English/French) is considered an asset.

Salary Range: 31.69 to 37.26 per hour

Additional Information

- All applicants must provide a recent resume that clearly indicate that they meet the required qualifications.
- Please apply by clicking on the **Apply** button below.
- The Royal sincerely thanks all applicants for their interest in a career with us; however, only those applicants selected for an interview will be contacted.
- All new hires will be required to obtain a clear and valid Criminal Record or Vulnerable Sector Records Check as a pre-condition of employment.
- The Royal is an equal opportunity employer. Upon request, accommodations due to a disability are available throughout the recruitment process.